## HOW TO BECOME A SOCIALLY COMPETENT COMMUNITY

PARTNER.PLAN.ACT 5-23-18 Webinar

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### A Little About the Presenter

### **Donna Nylander**

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IL Pyramid Model, Implementation Director, 2017QRIS Implementation Director for Awards of Excellence

- •ISBE Consultant/Program Support Specialist
- Administrator Early Childhood Centers 18 years
   Indian Prairie District 204, Naperville/Aurora
   Valley View #365U Bolingbrook/Romeoville

Valley View program recognized as a Pyramid Model Implementation Site 2008-14



## Why We Do What We Do

- Increases in numbers of preschool-aged children with behavior challenges (Brauner & Stephens, 2006; Wichstrøm et al., 2012)
- Disturbing number of preschool-aged children being suspended/expelled (USDOE/USDHHS, 2015; Gilliam, 2006)
- Program-wide PBS effective approach for preschool-aged children across multiple settings (Conroy, Dulap, Clark, and Alter, 2005)
- Behavior plans developed and implemented using a team-based approach are more likely to be successful (McLaughlin, Denney, Snyder, & Welsh, 2012; Sugai, 2012)



### **High Quality Environments**

- \*Schedules, Routines, Transitions, Visual
- \*Comprehensive system of curriculum, assessment, and program evaluation
- \*Environmental design, instructional materials, child guidance, and teacher interactions that meet high quality practices as described by NAEYC and DEC



## Targeted Social Emotional Supports Social Skills Instruction

- \*Self-regulation
- \*expressing and understanding emotions
- \*problem solving, developing social relationships
- \*Friendship skills
- \*Anger management



## Individualized Positive Behavior Support

- \*Convene a team
- \*Conduct functional assessment
- \*Identify hypotheses
- \*Develop behavior support plan for all relevant environments



## Step 1- Understanding The Pyramid Model & Community wide approach



- Program wide (PW) is the "systemic (universal, complete, total) effort within a program for Pyramid Model Implementation fidelity". Community-wide (CW) extends this model to the EC Community.
- Community wide (CW) focuses on preserving Pyramid Model adoption throughout programs and communities while building systems and policies to assure ongoing sustainability.

## Community-wide Pyramid Model ....things to think about



- Applying what is learned from Program Wide Pyramid Model to a community-wide Pyramid Model level of adoption
- What are the Early Childhood programs in your community?
- What is the current level of implementation of PM in the EC programs in your community?
- Think about your readiness for adopting the Pyramid Model.
- Think about the readiness of your community.

## Step 2 – Why Focus on a Community–Wide Model?

- Positive Behavior Supports are most effective when it is embedded throughout all programming.
- Building a collaborative atmosphere in the community all reaching for the same goal
- Support from EC community leaders is KEY at every level!

## What is the Suspension & Explusion state law?



### PA 100-105: KEY COMPONENTS

The following early childhood programs may not expel children age 0-5 due to child behavior:

- School- and community-based early childhood programs receiving Early Childhood Block Grant funds from ISBE (Preschool for All, Prevention Initiative)
- Licensed child care centers and homes serving children birth to five
- Note: Head Start and Early Head Start programs already prohibit expulsions

## PA 100–105: Key Component

When a child exhibits consistently challenging behaviors, the ECE provider must document:

- ✓ Initial observations of challenging behaviors
- ✓ Communication with and participation of family
- ✓ Intervention plan and strategies, including the use of or attempts to access available external resources
- ✓ Instances where child is ultimately transitioned out of program

## PA 100–105: Key components

- Planned transitions: resources have been exhausted and the provider determines that transitioning the child to another setting is best for child and/or peers, the provider should work with the family to identify and transition the child to a different setting
  - Referrals to other providers
  - Planning with parents, and new provider when applicable, to ensure continuity of services
  - Planned transitions are not considered expulsions
- If the child poses an immediate threat to the safety of him/herself or other children:
  - Child may be temporarily removed from attendance in the group setting
  - Temporary removal of a child should trigger the intervention process
  - If provider determines that it is in the best interest to transition the
     child to a different setting, initiate the planned transition process

### PA 100-105: WHAT THE INTENT IS AND IS NOT

## The intent **IS:**

- Making removal of a child for behavioral issues a last resort, after providers take documented steps to access available resources
- Making providers more aware of available resources and increase connections to supports
- Help families plan transitions by offering them referrals to other settings and services

## The intent **IS NOT:**

- To make children stay in a setting no matter what
- To make all resources available everywhere or to make state agencies create additional resources
- To make providers find a new program for the child

## **Exploration Stage**

- Identify the need, programs to meet need, determine fit, and examine evidence.
- Consider resource availability, assess readiness and capacity to implement to fidelity.
- Get board approval



## The Hexagon Tool Exploring Context

The Hexagon Tool can be used as a planning tool to evaluate evidence-based programs and practices during the Exploration Stage of Implementation.

See the Active Implementation Hub Resource Library http://implementation.fpg.unc.edu

#### EBP:

5 Point Rating Scale:
High = 5; Medium = 3; Low = 1.
Midpoints can be used and scored as a 2 or 4

Midpoints can be used and scored as a 2 or 4.			
	High	Med	Low
Need			
Fit			
Resource Availability			
Evidence			
Readiness for Replication			
Capacity to Implement			
Total Score			

#### Need in agency, community, state

- Health, human service & socially significant Issues
- · Parent & community perceptions of need
- Data indicating need

#### Capacity to Implement

- · Staff meet minimum qualifications
- Sustainability
  - · Staff Competencies
  - Organization
  - Leadership
- Financial
- Buy-in process operationalized

   Practitioners

  - Families

#### **NEED**

#### Fit with current Initiatives

- Agency, community, state priorities
- Organizational structures
   Community values

#### CAPACITY

#### FIT

**RESOURCES** 

#### Readiness for Replication

- Qualified purveyor
- Expert or TA available
- Mature sites to observe
- Several replications
- Operational definitions of essential functions
- Implementation components operationalized:
  - Staff Competency
  - · Org. Support
  - Leadership

#### READINESS

#### EVIDENCE

#### Evidence

- Outcomes Is it worth it?
- Fidelity data
- Cost effectiveness data
- Number of studies
- Population similarities
- · Diverse cultural groups
- · Efficacy or Effectiveness

#### Resources and supports for:

- Practice Setting
- Technology supports (IT dept.)
- Staffing
- Training
- Data Systems
- Coaching & Supervision
- Administration & system



#### Count off 1-6

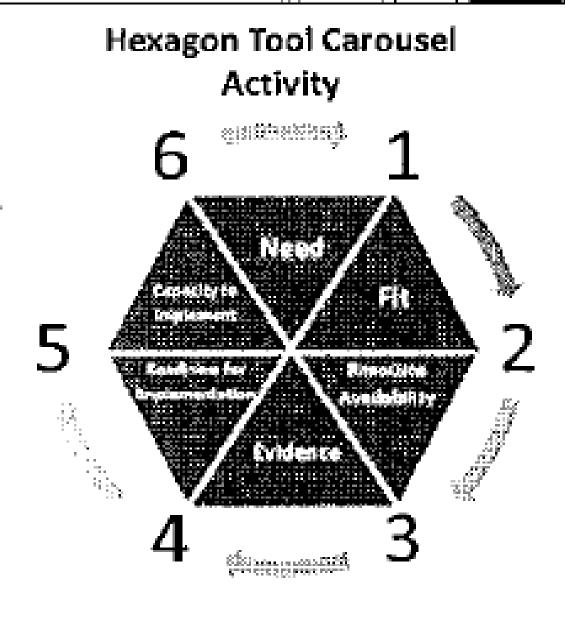
Go to your number - bring your Hexagon Too! handout

With your group, identify pro's and con's as they relate to your program

Think about and discuss how these questions could be used with your team

Generate specific questions you would want to bring to your team, and write those on the blank sheet next to your number

When indicated (and not before!) rotate with your group to the next item and repeat!



## Illinois Readiness Checklist Step 3-How ready is your program/community?

Promoting Social Emotional Competence in Illinois' Young Childre

#### Readiness Process for Site Implementation of the Pyramid Model in Illinois

**				
	Items to Consider	Yes	No	Notes
]	. Do teachers in your program have a good understanding of social and emotional development for the age that they work with?			
2	. Do teachers in your program have a good understanding of <u>how to support</u> social emotional development for the age that they work with?			
3	. Do teachers in your program use developmentally appropriate practices with the children they work with?			
2	Is there (or will there be) a long-term commitment from program leadership to implementing the Pyramid Model to fidelity in your program?			
4	. Do the current leaders/administrators participate in shared leadership to create common goals and outcomes for program?			
(	. Do teachers and other support staff collaborate to promote and support the goals and outcomes of the program?			
7	. Currently, is there staff member(s) who can help with the additional workload of implementation a new initiative?			
8	. Based on external evaluation sources (i.e., CLASS, ECERS, Excelerate Circle of Quality, and/or NAEYC Accreditation) is your program aligned with quality standards?			

### Readiness for Program/Community Wide Implementation

- Clear commitment and <u>buy-in</u> from staff
- Leadership Team is formed and includes:
  - Administrator
  - Instructional leader/Coordinator/Coach professional development
  - Person with behavioral expertise
  - Teachers
- Program/Community <u>commits</u> to 2-3 year process to achieve full implementation
- Program/Community commits to <u>using data</u> for decision-making including progress monitoring and fidelity assessments

## Readiness (continued)

- Leadership team commits to meeting monthly, monitoring progress, and using data for decision making
  - Support of children
  - Support of teachers
- Leadership team commits to
  - Facilitating ongoing training and TA
  - <u>Supports teachers</u> to implement the Pyramid practices
  - Developing and promoting program/community wide <u>expectations</u>

## **Guiding Notes**

GUIDING NOTES: Ho	w to Become a Socially Compe	tent Community using the Pyramid Model	
Nylander 5/23/18		Adapted from S. Doubet & A. Quesenberry, PhD, ISU	
Questions	Information Shared	How it applies to my Community	Next Steps
1.What I learned about			
Pyramid Model			
Expectations?			
2. Readiness			
Checklist			
What's in place?			
3. Process of			
Implementing			
Community Wide			
Pyramid Model			
4 What I know			
4. What I know about my			
Program/Community			
i rogiam, community			

# What are the Key Components of Benchmarks of Quality

- Establish a Leadership Team
  - Staff Buy-In
  - Family Involvement
- Program Wide/Community Wide Expectations
  - Classroom Implementation
  - Staff Professional Development
  - Behavior Support/Mental Health Consultants
    - Data Based Decision Making

## Benchmarks of Quality critical elements

Critical Element	Why its important	Key things to consider
Establish an Implementation Team	This team becomes the structure to support the implementation process and keep things moving forward	Broad representation including active administrative support     Regular meetings     Develops implementation goals
Staff Readiness and Buy In	The creation of a climate for growth of staff is critical to program wide implementation. This is best achieved when all staff are informed and feel valued in the process.	<ul> <li>All staff are aware of the need and long term goals of the innovation</li> <li>Staff members are supportive of the program wide implementation process</li> <li>Implementation team has a process to obtain staff feedback as well as keep all staff informed of the process</li> </ul>

Halle, T. (n.d.). Applying implementation science in early childhood programs and systems.

## **Critical Elements**

Critical Element	Why its important	Key things to consider
Family Engagement	In early childhood, families are critical "stakeholders" in what we do, thus we need their input and support as we implement "new" evidence based practices	<ul> <li>Process for gaining family input on the process</li> <li>Process to inform families of innovation elements</li> <li>Multiple mechanisms for sharing implementation goals with families</li> </ul>
Program Wide Implementation	Considered the "active" phase of the implementation process, this element reflects the learning and building of new skills through training, coaching and technical assistance.	<ul> <li>Program wide action plan guides the team in the implementation process</li> <li>Specific action steps to ensure achievement and sustainability of innovation implementation</li> <li>Data is used to drive action planning</li> <li>All staff members are aware of the implementation goals</li> </ul>

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### **Critical Elements**

Critical Element	Defined	Key things to consider
Building Staff Capacity	Building staff capacity goes beyond the training and increasing of skills to include developing and using data systems. These systems drive ongoing fidelity of implementation, leading to our desired outcomes of increased child and family outcomes.	<ul> <li>Plan for ongoing coaching</li> <li>Internal coaches are identified and participate in ongoing training</li> <li>Coaches use innovation data to collaboratively identify implementation goals with staff</li> <li>A process for onboarding new staff is developed and implemented</li> </ul>
Monitoring Implementation and Outcomes	Implementation data is collected and used to increase program quality and skill development. Data is valued information by the program, not collected solely to submit to the state.	<ul> <li>Innovation data are used to make decisions regarding professional development and coaching needs</li> <li>Data is reviewed by the implementation team on a regular basis</li> <li>Data is shared with program staff and families</li> </ul>

Halle, T. (n.d.). Applying implementation science in early childhood programs and systems.

## Step 4. Implementation Process

### Using Benchmarks of Quality As a Guide

- a) Original Program-wide Benchmarks of Quality
- b) Community-wide PBIS Benchmarks of Quality
- c) How will you customize this tool to guide your agency?

Early Childhood Program-Wide PBS Benchmarks of Quality			
Program Name:	Location	Date	
Team Members			

Critical Elements	Benchmarks of Quality		Check One		
		Not in Place	Improve ment	In Place	
Establish leadership team	<ol> <li>Team has broad representation that includes at a minimum a teacher, administrator and a member with expertise in behavior support. Other team members might include parent, teaching assistant, related service specialists and other program personnel.</li> </ol>				
	2. Team has administrative support. Administrator attends meetings and			27	

Original P-W Benchmarks of Quality	Community-Wide Benchmark s of Quality
1. Establish leadership team	Community Leadership Team (CLT): Membership and Logistics
2. Stuff buy-in	2. Programs: commitment
3. Family involvement	3. CW Expectations for programs/agencies
4. Program-wide expectations	4. Curriculum support for developing strategies on how to teach and acknowledge the expectations
5. Strategies for teaching and acknowledging PW expectations	5. All programs demonstrate the adoption of the
6. All classrooms = adoption of $\triangle$	6. Staff support plan
7. Procedures for responding to CB	7. Action Planning
8. Staff support plan	8. CLT Coordination and Staffing
9. Monitoring implementation & outcomes	9. CLT Funding
	10. CLT Communication and visibility
	11. Authority, priority, & communications & Linkages
= The Pyramid Model	12. Family Involvement
	13. Demonstration sites
	14. Implementation communities and expansion sites
4/2017 Sharon Doubet, ISU Prof	15. Evaluation/Data-based decision making 28

## Step 5 – Starting Your Implementation Journey

- Include the community which is all programs serving young children, representation of adults in all roles, and families for all their perspective eventually tap business/community stakeholders
- Review the Readiness Checklist & BoQ for your action planning Use to capture key points, apply to your community
- Frequently review your guided notes

# The Story of How One Community Implemented the Pyramid Model Community-Wide





## The Peoria Community Wide Story: 9 Years of Pyramid Model Collaboration

- ❖ 1996: Early Childhood Forum of Central IL (3 counties)
- 2008: Began focus on PM. 25 people from 15 programs Head Start, PFA, SpEd, ChildCare, PreSchool
  - pooled funds for PD in all Modules
  - Internal coaches, Parent Educator
- 2009/current: Community-wide L'ship Team formed
  - Focus on securing funds, shared PD, marketing
  - Banks, United Way, Mental Health Agencies, State \$, Police
     Dept., business leaders, civic organizations
- ❖2012:Developed PD − Road to Positive Behavior
- ❖ 2016: TPOT was introduced in 30 classrooms (urban-rural)

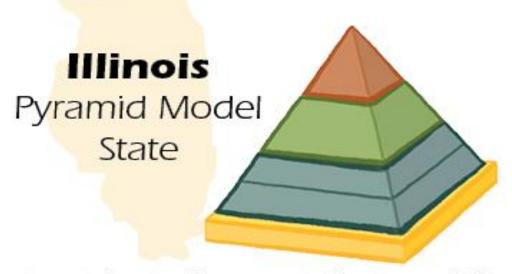
## Your Program and Your Community

- Using your GUIDED NOTES handout write out your program's PM Implementation process for your community.
  - Where are you currently in your journey?
  - How many YES in place on the Readiness Checklist?
  - What Critical Elements are in progress?
  - What Critical Elements are mastered?

### Peoria Talks...Implementation Advice

- Remember it's a journey not a destination.
- Slow is ok, procrastination is not.
- Parallel Process is key!
- Time to learn new skills and to practice
- Need in-house champions
- CW will be individualized/program
- TPOT helped us find the "holes" in our implementation
- Data speaks....funders listen!

# STATE INITIATIVE: PYRAMID MODEL PARTNERSHIP WITH 16 STATE AGENCIES



Promoting Social Emotional Competence in Illinois' Young Children

### What Illinois is doing... by the numbers

- State Leadership Team Est. 2017
- Master Cadre of Trainers/coaches 24
- Programs applied Implementation Sites 23
- # of Pyramid Model trainers 50
- Teaching Pyramid Observation Tool (TPOT) reliable for fidelity – 25
- State PD systems training on Pyramid Model 5 (StarNet, The Center for Professional Learning, Head Start, CCR&R, Action for Children)

## Where are you now? Rate 1-5

- 1. I am trained on the Pyramid Model
- 2. I am part of a collaborative Early Childhood group in the community
- 3. Our community is investigating how we can better support young children's Social/E development
- 4. Our community is in the beginning stages of Pyramid Model program-wide implementation
- 5. Our community has been implementing PM for over one year

## Illinois Governor's Office of Early Childhood Development

Website: www2.illinois.gov for link to Illinois Pyramid Model mission & vision, state leadership team

Questions? email: gov.pyramidmodel@illinois.gov

## Pyramid Model for Social Emotional Competency Websites

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) <a href="http://csefel.vanderbilt.edu/">http://csefel.vanderbilt.edu/</a>

 National Center on Pyramid Model Innovations (NCPMI)

http://www.challengingbehavior.org

Pyramid Model Consortium

http://pyramidmodel.org

## Tools for Implementation

Readiness Checklist

http://csefel.vanderbilt.edu/resources/states/
hi\_site\_readiness\_checklist.pdf

Benchmark of Quality

http://www.nysecac.org/files/9914/737 9/0008/PW\_Benchmarks.pdf

### THANK YOU FOR YOUR PARTICIPATION

There is something amazing happening in Illinois...the Pyramid Model!

